The Hills Have Ice: Considerations for Himalayan ops

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6 October, 2020

Flying over the Himalayas soon? Read on! From patchy comms to limited alternates to meters that might get your feet in a twist, this briefing will have you covered...

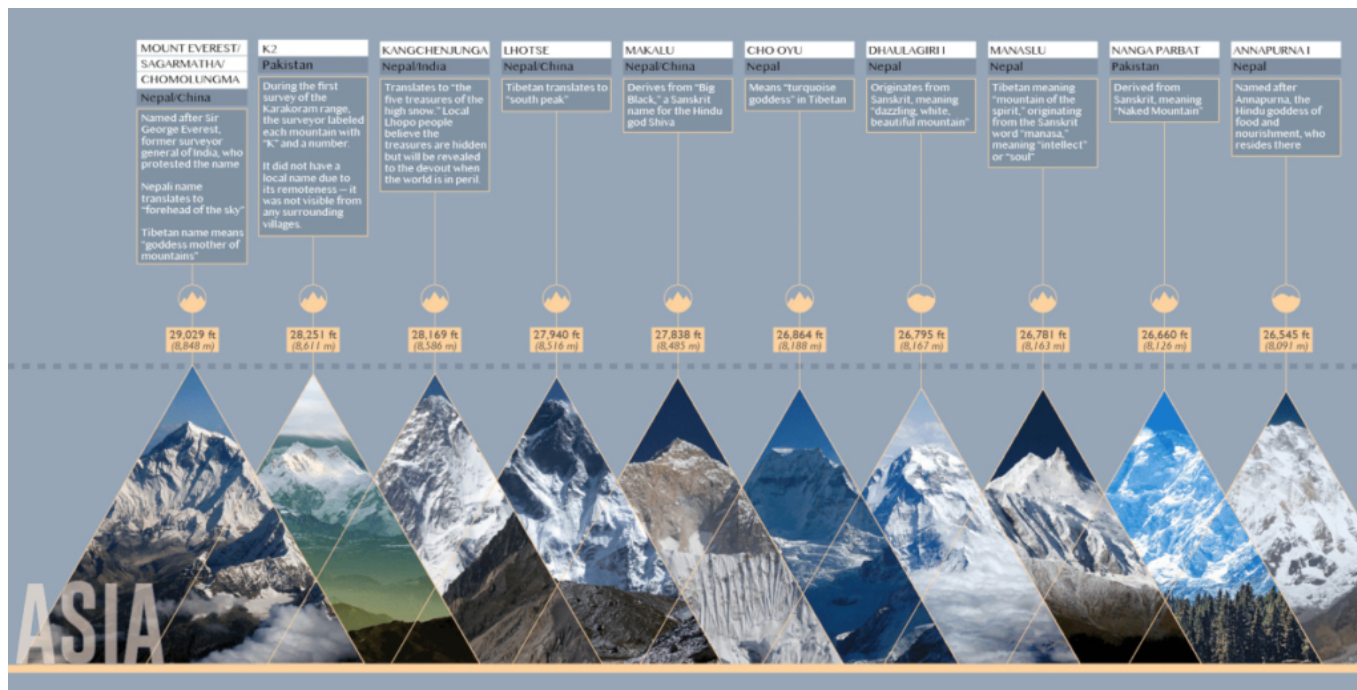## A good place to start might be "Where are the Himalayas?"

The Himalayas border a bunch of countries, but the bits we are generally interested in lie in Pakistan and China – along the primary flight routes between the Middle East and Asia.

Interesting fact – they are the fastest moving mountains in the world, thundering along at a right old pace of 67mm a year (so don't worry, they will still be in pretty much in the same spot when you route over them).

Are they a big deal?

They are the biggest mountains in the world so "big" – yes. "Big deal"? – well, not so much if you are cruising happily at altitude, but if for some reason you suddenly need to descend then they can become a very big deal very quickly.

With 30 peaks higher than 24,000', and stretching over 200 miles, they are a pretty significant obstacle.

MOUNT EVEREST/ SAGARMATHA/ CHOMOLUNGMA — Nepal/China	K2 — Pakistan	KANGCHENJUNGA — Nepal/India	LHOTSE — Nepal/China	MAKALU — Nepal/China	CHO OYU — Nepal	DHAULAGIRI I — Nepal	MANASLU — Nepal	NANGA PARBAT — Pakistan	ANNAPURNA I — Nepal
Named after Sir George Everest, former surveyor general of India, who protested the name. Nepali name translates to "forehead of the sky". Tibetan name means "goddess mother of mountains"	During the first survey of the Karakoram range, the surveyor labeled each mountain with "K" and a number. It did not have a local name due to its remoteness – it was not visible from any surrounding villages	Translates to "the five treasures of the high snow." Local Lhopo people believe the treasures are hidden but will be revealed to the devout when the world is in peril.	Tibetan translates to "south peak"	Derives from "Big Black," a Sanskrit name for the Hindu god Shiva	Means "turquoise goddess" in Tibetan	Originates from Sanskrit, meaning "dazzling, white, beautiful mountain"	Tibetan meaning "mountain of the spirit," originating from the Sanskrit word "manasa," meaning "intellect" or "soul"	Derived from Sanskrit, meaning "Naked Mountain"	Named after Annapurna, the Hindu goddess of food and nourishment, who resides there
29,029 ft (8,848 m)	28,251 ft (8,611 m)	28,169 ft (8,586 m)	27,940 ft (8,516 m)	27,838 ft (8,485 m)	26,864 ft (8,188 m)	26,795 ft (8,167 m)	26,781 ft (8,163 m)	26,660 ft (8,126 m)	26,545 ft (8,091 m)

There are some good-to-know and some need-to-know points about these parts, so read on…

The Basics

Limited Alternates – Not many people live in the Himalayas, (not counting Yetis), so airports are few and far between, and are often fairly remote.

The Region – Pakistan has ongoing conflicts with India over the Kashmir region. Afghanistan is also unstable so operating near the border is not advised, particularly into OPPS/Peshawar and OPQT/Quetta airports.

Weather conditions – 'Himalaya' translates as 'abode of snow' so that should be something of an indication. The airports are remote and facilities are not always up to standard. Significant mountain waves can be experienced when crossing.

Communications – Big mountains block radio signals and this can be particularly bad around the point where you transfer from Pakistani airspace into Chinese. Which leads us onto the next point…

China – They have their own procedures including different sized airways, different contingency procedures, and of course…

Metres and Feet – China operate in metric. Keep reading for a handy feet to meter conversion table!

Oxygen – Airplanes have oxygen in them, unless they suddenly don't anymore and then you are going to have to find some pretty rapidly. Unfortunately, oxygen is generally at its most plentiful lower down which can be problematic if routing over high terrain…

The Alternates

There are two published crossing points for the Himalayas – **PURPA** on the Pakistan/China border to the north, and **NONIM** on the Nepal/China border to the south. So the alternates you're going to be interested in very much depends on which route you're going to take.
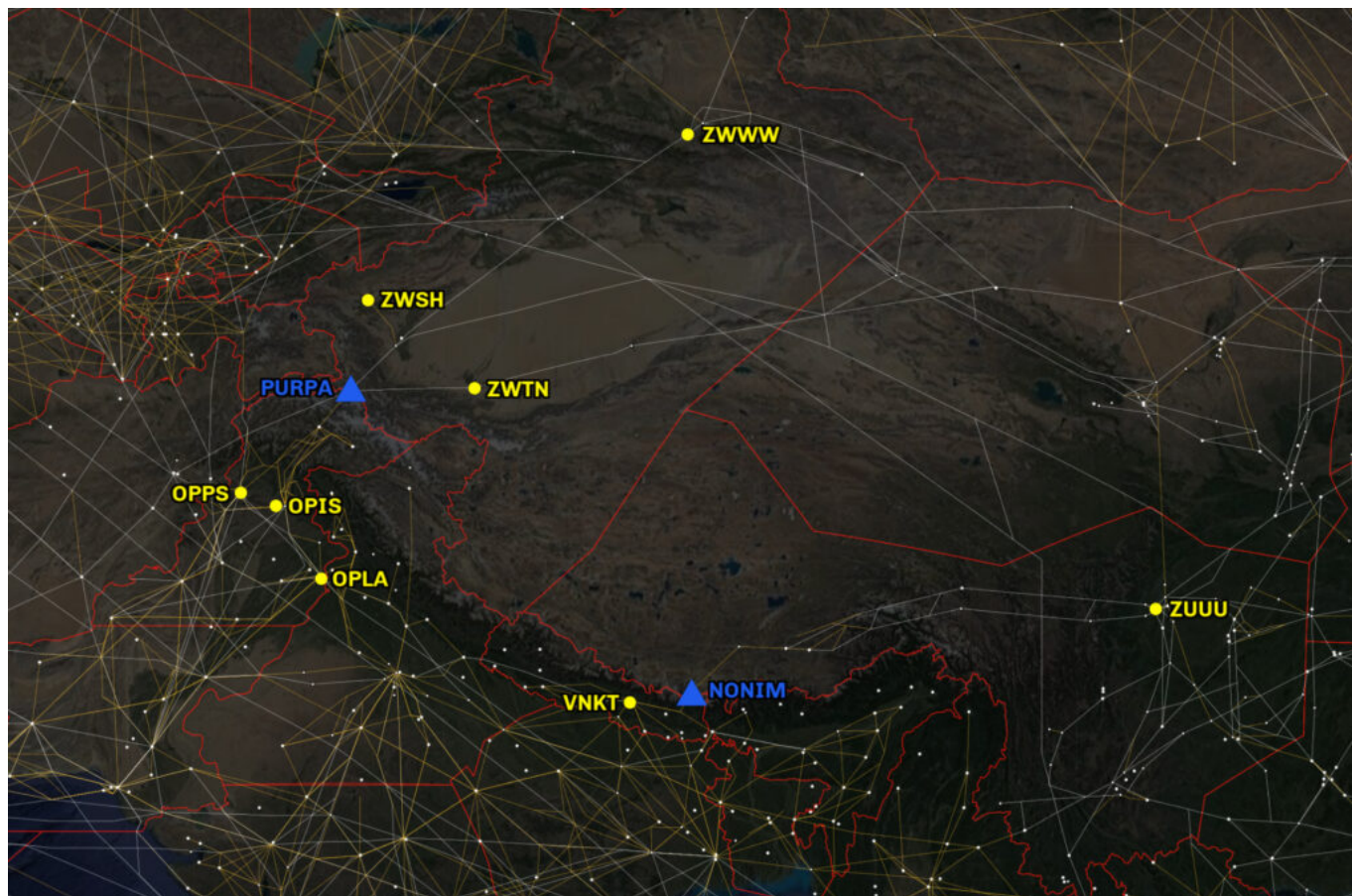
ICAO/ IATA	Airport	Open	RWY (m)	ELEV	PCN
OPIS/ISB	Islamabad	H24	3658	1761	110FCXT
OPPS/PEW	Peshawar	H24	2743	1211	068FCXU
OPLA/LHE	Lahore	H24	3360	712	085RBXU
ZWSH/KHG	Kashi	H24	3200	4528	074RAWT
ZWTN/HTN	Hotan	HS	3200	4672	052RBXT
ZWWW/URC	Urumqi	H24	3600	2126	080FBWT
VNKT/KTM	Kathmandu	0045-1845Z	3050	4390	054FAWT

OPIS/Islamabad, Pakistan – There are two parallel runways with RNP and ILS approaches, including a CAT II on 28L. 10R has an offset final track (VOR approach). This is a destination for some major airlines and so likely has good handling and ground services, an is an RFF Category 10.Where you decide to divert to will depend on what your problem is and whether you can stay up over the mountains. Peshawar, Islamabad and Lahore are each accessible from each other and all lie south of the mountainous zone.

OPPS/Peshewar, Pakistan – This airport is situated near a No Fly Zone and is close to the Afghan border. It has CAT I capability, but report of GS fluctuations are common. Ground handling is available, but engineering and other support is likely to be limited.

OPLA/Lahore, Pakistan – This is another major airport in the area with multiple runways, and Cat IIIb approaches onto 36R. Terrain is relatively low, but the airport lies close to the border with Indian airspace.

ZWSH/Kashi, China – The airport is CAT I. There is serious terrain to the north and west of the airport. Particularly if you are landing onto runway 08, wind off the terrain might be a factor. Runway 08 may require a 180 degree turn at the end with a backtrack due to works. Support here will be fairly limited.

ZWTN/Hotan, China – There is no customs at Hotan so offloading passengers might pose a problem. The closest alternate is not really very close, and the weather here can be a challenge. The MSA is 16,000' and terrain lies predominantly to the south of the airport, but close to the ILS intercept for runway 29. Runway 11 only has a VOR/DME approach. Both runways require a 180 degree turn and backtrack to vacate. Engineering support is available here.

ZWWW/Urumqi, China – Urumqi is a better equipped airport, with CAT I and II approaches available, and likely to have better ground support and engineering services. However, there is significant terrain in the vicinity of the airport, and it's also a long way to have to go in an emergency (around 700nm from Pakistan/China crossing point PURPA).

VNKT/Kathmandu, Nepal – Down south, Kathmandu is really the last decent diversion airport before the endless mountains of the southern Himalayas come into view. If you don't stop here, it's a good 3 hours of flying time before you reach ZUUU/Chengdu on the other side. VNKT is not 24 hours (has quite specific hours), no engineering facilities but fairly good ground support as it is quite a "major" tourism spot so a fair few airlines route in there. Does not have precision approach (only VOR and RNP), and they have a lot of diversions due to weather and higher minimus due no precision approaches. Very difficult approach because you route between mountains into a sort of bowl to land.

Communications

The mountains can cause serious interference with radio comms so keep the following SATCOM codes handy in case you need them:

Urumqi 441208
Lanshou 441205
Kunming 441204
Beijing 441201
Lahore 446302

China

China has some pretty specific procedures and requirements which should probably be looked over before you route this way, but here's a quick summary.

Contingency/ Emergency Procedures if deviation from level required:
– Aircraft must turn RIGHT and track out to 10km/ 5nm from the airway centerline.
– Once parallel with the original route climb or descend as required.
– Switch your lights on, keep talking on 121.5, and keep a good eye out.

Any deviation or reroute requests in China usually needs some serious coordination, and they are strict about any routes that take you off commercial airways or close to military airspace. ATC often send airplanes in random directions, or refuse to clear them to the flight levels they have filed for, without much explanation so be prepared for a lot of extra fuel burn.

Meter to Feet Conversion:

180–359			000–179		
m	ft	FL	m	ft	FL
15500	50900	FL509	14900	48900	FL489
14300	46900	FL469	13700	44900	FL449
13100	43000	FL430	12500	41100	FL441
12200	40100	FL401	11900	39100	FL391
11600	38100	FL381	11300	37100	FL371
11000	36100	FL361	10700	35100	FL351
10400	34100	FL341	10100	33100	FL331
9800	32100	FL321	9500	31100	FL311
9200	30100	FL301	8900	29100	FL291
8400	27600	FL276	8100	26600	FL266
7800	25600	FL256	7500	24600	FL246
7200	23600	FL236	6900	22600	FL226
6600	21700	FL217	6300	20700	FL207
6000	19700	FL197	5700	18700	FL187
5400	17700	FL177	5100	16700	FL167
4800	15700	FL157	4500	14800	FL148
4200	13800	FL138	3900	12800	FL128
3600	11800	FL118	3300	10800	FL108
3000	9800	FL98	2700	8900	FL89
2400	7900	FL79	2100	6900	FL69
1800	5900	FL59	1500	4900	FL49
1200	3900	FL39	900	3000	FL30
600	2000	FL20			

Oxygen

The most critical route is **PS-G325-Purpa-B215** where the MTCA is the highest. Confirming your aircraft is equipped with suitable passenger oxygen systems and awareness of the depressurisation strategies and MSAs for each route is extremely important before operating into this area.

Permits

Pakistan requires overflight and landing permits. These must be requested by an agent. They require one day notice to arrange the permit. Operating into Pakistan airspace required an ADC at least 15 mins prior to entering Pakistan Airspace/ADIZ, and flights operating in need to establish communication at least 15 mins prior to entering.

China also require permits. These can be intimidating. They require use of AFTN/SITA, have specific routing, and are only valid for the exact timing given. Commercial landings require a sponsor later written in Mandarin by the receiving party. We recommend applying direct to a Chinese agent, as the authorities aren't very patient and it can become frustrating at how short they'll be on the phone. If you want to apply direct, you'll send your application through AFTN and SITA, in the specific format required.

China requires aircraft to be ADS-C, CPDLC and SATCOM capable on some of their routes over the

Himalayas, and operators need to verify their equipment with them at least 60 days in advance! So they recommend that only regular scheduled flights apply to use these airways. For more on that, check out our dedicated article here

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For some great insights into escape route planning, check out this doc from Flightsafety.org

And finally, don't forget to take your camera because when the air is clear the views can be amazing!